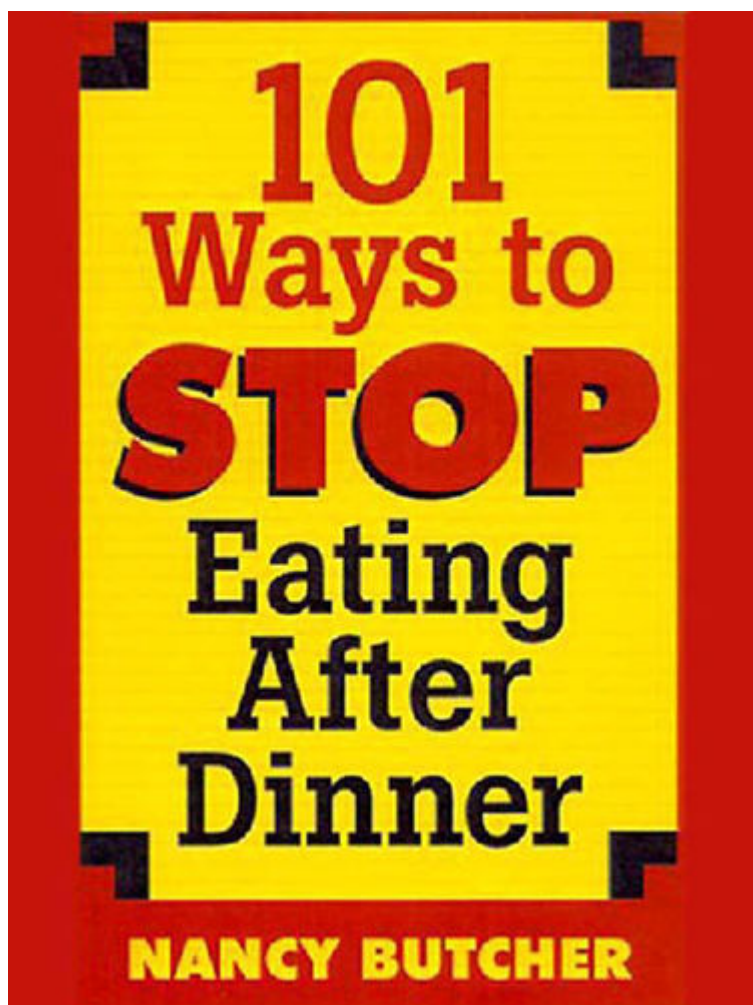


After Dinner Workout



101 Ways to Stop Eating After Dinner

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